St. Matthew Parish



Website: www.stmatthewrc.org

Pastoral Staff

Pastor

Fr. Frank Black

Priests

Fr. Thaddeus J. Abraham Msgr. Pierre Andre Pierre Fr. Ralph Theodat Fr. Paul Afetor

Deacon

Nickie Colon



St. Gregory the Great

224 Brooklyn Ave.
Brooklyn, NY 11213
Tel 718- 773-0100
Fax 718- 773-4198
Email: faithcommstgreg@aol.com

Mass Schedule:

First Friday 10:00am
Saturday-5pm
Sunday 11:30am

Saturday: Reconciliation-4:30 pm

Office Staff

Secretary: Rosanne Barber Ext.100 D.R.E: Monica Flemmings

Office Hours:

Monday - Friday: 9:00am-5:00pm

St. Matthew

1123 Eastern Pkwy., Brooklyn, NY 11213 Tel 718- 774-6747 Fax 718- 953-4895 Email: stmatthew1123@aol.com

Mass Schedule:

Monday-Friday 7:30am & 9:00am

<u>Saturday</u> 8:00am & 8:00pm

<u>Saturday</u>: Reconciliation-7:30 pm
or by appointment

Sunday:

English-7:30am & 11:30am Spanish 9:30am; Kreyol 1:30pm

Office Staff

Secretary: Sharon Andrews **D.R.E.:** Charmaine Noel

Office Hours:

Monday:10:00am-4:00pm
Tuesday, Wednesday,
Thursday Friday & Saturday:
10:00am-6:00pm
Sunday: 9:00am-4:00pm
Monday - SaturdayClosed for lunch 1-2 P.M.

Our Lady Of Charity

1669 Dean St., Brooklyn, NY 11213 Tel 718- 774-5100 Fax 718- 778-3335 Email: Olc1669@aol.com

Mass Schedule:

Sunday: Rosary 9:00am 9:30am-Praise & Worship 10am-Mass

Office Staff:

Secretary: Patricia Romain

Office Hours:

Monday-Friday:10am-6pm

Catholic Cemeteries-

80-01 Metropolitan Ave. Middle Village, NY 11379 Tel:718 – 894-4888



12th Sunday in Ordinary Time: Conqueror of Chaos

A long time ago, when I was first ordained, I taught at Dominic Savio High School in East Boston, MA. Now, if you look at Boston on a map, you'll notice that it is in Eastern Massachusetts where the land meets the sea. While I was at Savio, a horrible blizzard hit, closing the city for about two weeks. As the blizzard was coming, we sent the students home early. The storm raged for over 24 hours. I had never seen anything like this. It was like a hurricane with snow. The city could not be evacuated because the roads were covered with snow. The blizzard, the Blizzard of 1978, resulted in many deaths, particularly those of people stuck in traffic jams on the highways. They couldn't move their cars, but they kept them running because it was so cold. What happened was that the snow came down so fast that the cars' tailpipes were quickly covered and the emissions, carbon monoxide, went into the passenger cabins killing many people. Only essential personnel were allowed out of their homes for a week, and many of these were transported by the National Guard, which had to be mobilized. When the restrictions were lifted, the roads cleared, and life returned to normal, I took a drive out by some of the nearby beaches, Winthrop Beach, Revere Beach, etc. I saw houses that were hundreds of yards away from the water, but which had their second story windows destroyed by the waves.

It is hard to explain the fury of the sea during a storm. It is something you hopefully will never experience. Imagine if you were in a small boat in a storm. Water crashes on the boat from the right, left, front and back. Will the boat break in two? Will it sink? It is complete chaos. So, understand the disciples' turmoil as the sea was about to claim their lives. But Jesus was there with them. Sleeping. Seemingly not concerned about the turmoil. They woke him up, and He stilled the sea and the wind. To the ancients, only God could control this chaos. But Jesus did. "Who is this whom even the wind and sea obey?" Jesus' disciples asked in today's Gospel. Jesus conquered the sea. But only God could take control of the sea. The disciples had been terrified. Jesus said that they should not have been afraid. They needed to have faith in Him.

There is a great deal of chaos in our world and in our individual lives. We have to have faith in the Lord to be with us through the chaos. Think about those who died for the faith, the martyrs. So many of them were surrounded by people jeering at them, mocking them, hurting them, killing them. They kept their faith in the Lord, and even those who were horribly tortured died in the peace of knowing that they were returning to the God they refused to reject. In this way God was present through the chaos.

All of us have experienced episodes of chaos in our lives. There are times that we feel that everything is falling apart.

Most often we did not cause the chaos.

We are victims of a world that has chosen the material over the spiritual, a world that has rejected God. Bad things happen to good people. A member of our family becomes chronically ill. Our family's life suddenly revolves around caring for him or her. Everyone in our family needs to muster up all the strength we have to help our loved one fight the sickness. Or, perhaps there is a sudden accident and a lasting ailment like paralysis or tragic death or deaths. We might feel that our world is falling apart. It is then that we have to remember that the Lord is on the ship with us. We need faith. The One who conquers the sea, will conquer the chaos of our lives.

Worse, there are times that we are responsible for the chaos. We fall into sin and then experience what our sin has done to our family as well as to ourselves. We willingly chose that which is destroying us and those we love. We know that we have caused this. We deserve whatever is happening to us. But our family doesn't deserve what is happening to them. Do we dare to ask the Lord to get us out of the mess we have created? Yes. We have to trust in Him. He is on the ship of our lives. No matter what we have done, God can control the storm. He calls out to us in the middle of the storm to have faith in Him, to trust Him, to allow Him to conquer the storm.

The problem is that we, you and I, often don't have the faith in God we need. We see the chaos within us and don't even consider that God is stronger than the chaos.

Lauren Daigel, a fabulous contemporary Christian artist, wrote in her piece, "You say,": I keep fighting voices in my mind that say I'm not enough Every single lie that tells me I will never measure up. Am I more than just the sum of every high and every low. Remind me once again just who I am because I need to know

You say I am loved when I can't feel a thing You say I am strong when I think I am weak

And You say I am held when I am falling short And when I don't belong, oh You say I am Yours

And I believe, (I) oh I believe (I) What You say of me (I) I believe

The only thing that matters now is everything You think of me In You I find my worth, in You I find my identity.

There is no chaos when the Lord is on the ship. There are challenges, many, many challenges, difficult challenges, horrible challenges, but chaos, forces that will destroy who we are, no, there is no chaos with the Lord. All that matters, as she says in the song, is that we find our identity, our self worth in the Lord.

"Who is this that even the wind and sea obey?" This is Jesus, the Victor over sin, the Victor over death. He is there in your lives and in my life, in our lives. We pray today for faith, the faith we need to trust in the Lord to conquer our chaos.

WEEKLY READINGS			
Sun June 23	Jb 38:1, 8-11; 2 Cor 5:14-17; Mk 4:35-41		
Mon June 24	Is 49:1-6/ Acts13:22-26 / Lk 1: 57-66,80		
Tue June 25	2 Kgs 19:9-11,14-21,31-35,36 / Mt 7: 6,12-14		
Wed June 26	2 Kgs 22:8-13,23:1-3 / Mt 7: 15-20		
Thu June 27	2 Kgs 24:8-17/ Mt 7: 21-29		
Fri June 28	2 Kgs 25:1-12/ Mt 8: 1-4		
Sat June 29	Acts 12:1-11 / 2 Tm 4:6-8,17-18/Mt 16:13-19		

OUR LADY OF CHARITY: MASS INTENTIONS

BIRTHDAY BLESSINGS: Christine Gittens, Angelina Theodule, Thaliyah Fraser, M. Pegye Johnson, Sharonnie Perry, Govanni Knight, Khalilah Saleem, June James, Hermelene Thomas, Septimus Johnson, We pray to the Lord

PARISH PRAYER: For our parish, that the three communities of St. Matthew, St. Gregory the Great and Our Lady of Charity, learn how to merge and grow together spiritually and become financially sound as three and yet one,

We pray to the Lord.

TODAY'S MASS: We pray to the Lord.

ALTAR BREAD: For the month of June is donated by Marva Richardson thanking God for his unconditional love, requested by Marva

We pray to the Lord.

SANCTUARY CANDLES: For the month of June is donated by Marva Richardson for God's healing on her entire family, requested by Marva

We pray to the Lord.

ST. GREGORY: MASS INTENTIONS				
Saturday, June 22 nd	5 PM Vigil Mass for Fabian & Bernard Milburn, R.I.P., Requested by Theresa			
June 22	Milburn			
Sunday,	11:30 AM Mass for Arthur Jack, Jr.			
June 23 rd	In Thanksgiving for Life, Requested by			
	The Family			
Saturday, June 29 th	5 PM Vigil Mass for Cynthia Charles,			
June 29 th	Birthday Blessings			

ST. MATTHEW: MASS INTENTIONS			
Saturday June 22	8:00pm – R.I.P. Jason Jangoo & Lois Lebrun by Sharon Licorish		
Sunday June 23	7:30am –Thanksgiving for a wonderful father by Juliana & family		
	9:30am –I.L.M. of Angel Lopez by Minerva Lopez y familia		
	11:30am–Birthday in heaven Louisa Cummins & Clement Williams by Edmund Williams		
	1:30pm –Birthday blessings Mardochee Norzea by mom, Evelyn Barreau		
Monday	7:30am - For living & deceased fathers		
June 24	9:00am – Birthday blessings for Juana Estrella		
Tuesday	7:30am –For living & deceased fathers		
June 25	9:00am – I.L.M. of Mathurin Michel by wife, Ariane & children		
Wednesday June 26	7:30am – Health, strength & prosperity for me & my family by Letitia Pavy		
	9:00am – B'day blessings in heaven Henry John Pierre by Leon Hernandez		
Thursday	7:30am – For living & deceased fathers		
June 27	9:00am – For living & deceased fathers		
Friday	7:30am – R.I.P. Levonne Lambert		
June 28	9:00am – For living & deceased fathers		
Saturday June 29	8:00am – R.I.P. Jevon Fraser by mom, Sharon & family		

CANDLE JUNE 23 — JUNE 29



Physical, mental spiritual and emotional healing for our parishioners

BREAD & WINE FOR JUNE



BREAD: Thanksgiving to God requested by Evelyn Barreau

WINE: Birthday blessings for Mardochee Norzea requested by Evelyn Barreau

REMEMBER IN OUR PRAYERS

For the homebound, hospitalized and sick

Judith Adams, Carmen Allen, Rita Antomez, Armelle Amilcar, Loraine Quash– Antoine, Marie Augustin, Al Barnett, Monica Belfon, Marque & Yael Barber-LaFon, Melona Barber, Jason Bascom, Silvestre Brathwaite, Ismay Brewster, Jahonah Brown, Recy Brown, Patricia Burrowes, Yolande Cadet, Diana Codogan, Cathleen Charles, Catilda Charles, Delcia Charles, Marcel Charles, Maria Clouden, Cecilia Clovie, Nelia Collins, Marilyn Coates, Virginia Cox, Daphne Critchlow, Theresa Cudjoe,

Veronica Dale, Angela Daniels, Shirley Daniels, Joseph Drew, Stephen Duncan, Dorothy Edwards, Una Europe, Stella Emmanuel, Elardo Flemmings, Ian Fox, Carrie Frasier, Sherwin Fung, John Gale, Ryan Gee, Sybil Geoffroy, Catherine & Deacon Roy George, Bernadette Gilbert, Muriel Gomez, Trina Gonzalez, Kellon Hagley, Kelly Hagley, Gwendolyn Harding, Pat Harris, Bruno Henry, Beverly Hillyer, Pierre & Elreta Hinds, Florence Holder, Danielle Huie, Janice & Orson Hutchings, Kerlyne Hyppolite, Anasha Inniss, Carlyn Jabouin, Donna James, Nellie James, Diane John, Alsie Johnson, Nicole Johnson, Magdalena Joseph, Ian Kellman, Lucy King, Albert Kirton, Tai Lambert, Kanelle Lang, Rhoda Lewis, Sampson Lewis, Marjorie Lopez, Luis Manuel Lorenzo, Madelin Lorenzo, Vivian Boykin Lott, Norberto Lovell, Jean Lubin, Gloria Lynch, Hubert Lynch,

Mamita, Barbara Manuel, Judith Matthew, Wilma Maynard, Tom McCafferty, Laura McDonald, Mavis McDonald, Leticia McDowell, Vernita McDowell, Gemma Mejias, Marcelina Morales, Isai Munoz, Marta Munoz, Nelson Munoz, Suzanne Neil, Ronald Nethersole, Claudette Norde, Mother Dolores Olff, Keena Ollivierre, Ronaldo Nano Paul, Sharon Perry, Andre Perry, Chung Peters, Mary James Peterson, Marie Pierre, Melody Pink, Sonia Prescot, Ann Primo, Val Quash, Len Quash, Dorothy Irons Reid, Catherine Richards, Melissa Richards, Elizabeth Rivera, Carlos Rudas, Lidia Saunders, Pamela Smith, Pema Smith, Robert Smith, Lisa Scott Spencer, Delores Sykes, Kevin Maynard, Basil Suarez, Antonio Sultan, Brenda & Javier Talango, Angela & Edris Thomas, Jean Thornhill, Allison Thorpe, Lyonette Tribie, Janet Throne, Amparo Torres, Trevor Wattington, Malik Wellington, Karen Williams, Terrance Williams, Octavio Willis, Leandro Wilson, Reynold Williams, Christine Wright, Joan Wright, Natasha Wright, Vilma Zuniga

SPECIAL PRAYERS FOR: Yvonne Lacy, Dean Jackson, Wendy Romain, Vaughn Haynes, Georgeann Campbell, Maura Chisam, Danielle Huie, Cotilda Charles, Anthony Hepburn Jr., Lawrence Latimer & family, La Mar Mc Nabb, Conrad Lord, Christine Hudson & family, Glenda Hunter, Livingston Holloway, Jaden Bell, Nathan Ford Sr. & family, Sabrinia Guess, Gwen & Helena Pugh, Golda & Daphne Crithlow, Leon Richards, Kendall Wilson, Almarie Mc Coy, Raymond Jorsling, Judith Prosper, Lisa Scott/ Spencer, Carla Martin, Hermelene Thomas, Marge Holas, Althea Gordon, Maureen Walter, Khalilah Saleem, Quarless family, Kato Pollydore, all families represented here today

All students, teachers and principals, President Joseph Biden & his family, Vice President Kamala Harris & her family, our Government, prayers and petitions in our prayer basket, for the all Priest especially those who serve here at Charity, Religious Vocations, and an increase in Religious Vocations, all men and women serving our country, the elders, all who are incarcerated, and unexpressed prayers, for immigrants, a successful solution to the pandemic, the mentally sick, the unemployed and under employed, end to gun violence and for world peace,

We pray to the Lord.

WEEKLY MEETINGS ~ St. Matthew

St. Matthew weekly meetings have commenced. Please contact your ministry to find out the time and date of the meetings.

WEEK OF SUNDAY 06/23/2024 @ ST. GREGORY

- + 9:30 AM Sunday school CLOSED –Will resume in October
- + 10:30 AM Choir Rehearsal
- + 11:30 AM Mass (Live Stream)
- + CREDIT UNION-OPEN
- + 4 PM SPRING CHOIR CONCERT- "RETURN TO THE LORD"
- (a) St. Gregory the Great Church

MONDAY 06/24/24

+ 7:30 PM Choir Rehearsal-Church

FRIDAY 06/28/24

+ 7:30 PM Bible Study-meets Via Zoom (About to start the Book of John)

SATURDAY 06/29/24

- + 4 PM Confession
- + 4 PM Vigil Choir Rehearsals
- + 5 PM Vigil Mass-Church
- + 8 PM Light Fest Prayer Group-Via Zoom

https://us02web.zoom.us/j/82362442148? pwd=MGVNMWFQcVdrQktXeTh0YjRadC9Mdz09

X/C	
W O.	

ST. MATTHEW				
Mass	Enve- lopes	Envelope Collection	Loose money	Totals
8:00 PM	26	1,145.00	204.74	1,349.74
7:30 AM	98	3,465.21	555.00	4,020.21
9:30 AM	61	983.00	355.20	1,338.20
11:30 AM	65	1,696.00	391.52	2,087.52
1:30 PM	49	873.00	147.00	1,020.00
L.I.R.	15	579.00	_	579.00
Total	314	8,741.21	1,653.46	10,394.67

ST. GREGORY

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Mass	Enve- lopes	Envelope Collection	Loose money	Totals
5 PM	15	546.00	69.00	615.00
10:00AM	27	890.53	182.00	1,072.53
Total	42	1,436.53	251.00	1,687.53

OUR LADY OF CHARITY

Mass	Enve- lopes	Envelope Collection	Loose money	Totals
10:00AM	48	3,548.00		3,548.00
Total	48	3,548.00	_	3,548.00

FAITH DIRECT: \$970.00 collected June 1 to June 11, 2024

ST. MATTHEW EXPENSES

SI. IVIAI IIIL VV LAI LINGLO					
	Apr - Jul 20	Apr - Jul 19	% Change		
Income					
Collections	168,288.50	344,182.28	-51.11%		
Rent	199,829.29	217,167.84	-7.98%		
Programs	0.00	10,369.20	-100.0%		
Donations/Fundraising	1,366.00	18,115.47	-92.46%		
Other	25,491.52	24,792.07	2.82%		
Total Income	394,975.31	614,626.86	-35.74%		
Expense					
Employee Compensation	302,582.87	291,549.37	3.78%		
Maintenance	69,276.57	33,706.71	105.53%		
Office Expenses	28,460.39	19,601.93	45.19%		
Programs	3,351.36	6,028.70	-44.41%		
Altar Supplies	6,099.33	16,602.28	-63.26%		
Utilities	28,261.46	27,878.02	1.38%		
Miscellaneous Expense	2,032.03	3,230.79	-37.1%		
Total Expense	440,064.01	398,597.80	10.4%		
Net Income	(45,088.70)	216,029.06	-120.87%		

The Widow's Offering

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury.

Many rich people threw in large amounts.

But a poor widow came and put in two very small copper coins, worth only a few cents.

Calling his disciples to him, Jesus said, "Truly I tell you, this poor widow has put more into the treasury than all the others.

They all gave out of their wealth; but she, out of her poverty, put in everything—all she had to live on."

ST. GREGORY THE GREAT

ALL ARE INVITED to join St. Gregory the Great <u>BIBLE STUDY</u>
meets on zoom every Friday from 7:30PM to 8:30PM with Catherine
Abdullah Eastern Time (US and Canada)

Bible Study is beginning the Gospel of John

(A Book of the Bible is picked (By the Group) alternatively, from the Old Testament, followed by The New Testament.)

Link for Bible Study https://us02web.zoom.us/j/85498875775?pwd=Nk4zY3BVOUFmVzRUSDJodllWSDArUT09

To Join Zoom Meeting please use Meeting ID: 854 9887 5775 Passcode: 374738

On tap mobile

Dial 929 205 6099 using Meeting ID and the passcode

(ALL ARE WELCOME!)

(SEE CHANGE) LIGHT FEST PRAYER GROUP Meets In Person at St. Gregory R.C. Church every "SECOND SATURDAYS" of the month in the Rectory's dining room. The remaining Saturdays of the month, Light Fest Prayer Group meets on zoom in the Light Fest Reading Room from 8PM to 9PM. The zoom link is mentioned above. Please contact any member for information for telephone number and pin number to access this prayer line. (This enables us to discuss confidentiality protocols to New Participants)

UPCOMING MTGS. & EVENTS @ ST. GREGORY

St. Gregory the Great - Religious Education

Sunday school Closed. Will resume October, 2024
Parents we encourage the children to attend Mass on Saturdays or
Sundays during the break, unless they are traveling.

Marcus Garvey Service is now scheduled once a month on the second Sunday at 2 PM

ST. GREGORY'S USHER BOARD ANNUAL BUS OUTING

Saturday, September 28th, 2024 to Atlantic City Resort's Casino. Bus leaving at 7 AM from St. Gregory's Church. COST: \$60, play and earn \$10 in slot play.

MARK YOUR CALENDAR

SPRING CHOIR CONCERT

Tickets can be purchased at the door

Sunday, June 23RD at 4PM.THEME: "RETURN TO THE LORD" VENUE: St. Gregory the Great Church, entrance on St. Johns Place, corner of Brooklyn Avenue

Evenings of Inquiry scheduled for men that are interested in the Diaconate-Fall 2024

St. Gregory the Great R. C. Church Bingo Committee is hosting another Bingo Night @ St. Matthew Parish Center located 1345 Lincoln Place on Saturday, July 20th, 2024 at 6:30 PM. Jackpot:\$1,000. Ticket price: \$20. See Ms. Lorna Gilkes, Olive Pascal and Mary Charles for more information.

You are all invited to attend a **MEMORIAL MASS for Bishop Guy Sansaricq** for the Repose of His Soul 3 years of his passing hosted by The Haitian Apostolate on Saturday, August 24th, 2024 at 12Noon here at St. Gregory the Great R. C. Church.

SACRAMENTS & REGISTRATION

PARISH REGISTRATION:

All are welcome! Any letter concerning sponsorship for the sacraments or testimonial letters will only be issued to registered parishioners of 6+ months. Please register in the rectory.

BAPTISM:.

To have your child baptized in the Diocese of Brooklyn and Queens, you must show:

- 1. Proof that you live in the geographical boundaries of the Church you wish to have the baby baptized.(e.g. electric bill). If you live outside the boundaries of the Church you wish to have your baby baptized, you must get a permission letter from the Catholic church closest to where you live granting you permission to have your baby baptized outside of the geographical area.
 - 2. Your baby is allowed <u>one</u> God mother and <u>one</u> God father, one must be Catholic, practicing their faith (letter from the Church stating this), and have their confirmation certificate. The baby can be baptized with one Catholic god parent.
 - 3. One parent must be baptized Catholic and have their baptism certificate, First Communion or Confirmation as proof.
 - 4. Once these requirements are fulfilled, we encourage you to call and set a date. Children 7 & under can be baptized w/o CCD classes.

RCIA

RCIA stands for RITE OF CHRISTIAN INITIATION OF ADULTS and is composed of a series of sessions bringing people together to experience the prayer life of the church as well as learn about its doctrines and teachings. Using the readings from the Bible which we hear daily at Mass, the Sacred Liturgy as well as the Catechism of the Catholic Church, teens and adults who have not yet done so prepare themselves to receive the sacraments of Baptism, Confirmation & Holy Eucharist.

RCIA is offered in Spanish, Kreyol & English and is for people who:

- Were baptized in the Catholic Church but have not received the sacrament of Confirmation, First Holy Communion or First Confession
- Were baptized in another Christian denomination and wish to join the Catholic Church
- Were never baptized & wish to fully worship in the Catholic Church
 - Wants to know more about what it means to be Catholic?

The sessions begin in October. If you are interested in knowing more, please contact the rectory.

SACRAMENTS & REGISTRATION

Registration forms for the School of Religion for new and returning students are now available at the doors of the Church, in the Parish Center & in the Rectory. For new students, please attach a copy of your child's baptism certificate, if not baptized attach a copy of their birth certificate.

For more information about registration requirements or other questions you might have, contact us: Phone: 215-576-4124; email: stmatthew-brooklyn.org

<u>Después de recibir la Primera Comunión,</u> es esencial que su hijo continúe en nuestro programa cada año, hasta que complete la iniciación con la recepción del Sacramento de la Confirmación.

Para más información acerca los requisitos para registración u otras preguntas que usted pueda tener, comuníquese al Tel: 215-576-4124; email: stmatthew-eledu@stmatthew-brooklyn.org

ENSKRISYON YO AP FÈT KOUNYE A BATÈM, PREMYÈ SENT KOMINYON AK KONFIMASYON.

Pou plis enfòmasyon sou kondisyon enskripsyon oswa lòt keksyon ou ta genyen, kontakte nou nan: (215) 576-4124 Email: stmatthewreledu@stmatthew-brooklyn.org

¥	
Full Name	 ! !
Address 1	
Address 2	. - -
Telephone Number	-
Email Address	- i
Were you registered before	- i
If yes, registration #	
Today's Date	i ! !

ST. MATTHEW EVENTS

GIFT SHOP

Located @ the back of the Church, selling an array of religious articles including rosaries, open on weekends before & after Mass.

VOCATIONS

"Here are my mother and my brothers." Is Christ inviting you to let Him live in you through single - hearted service as a priest, deacon or in the consecrated life? .Contact the Vocation Office at 718-827-2454 or email: vocations@diobrook.org

TIPS TO BEAT THE HEAT:

The National Weather Service has issued a heat advisory for New York City. To ensure the safety and well-being of residents, cooling centers will be open on Tuesday. If you are in need of a cooling center near you, you can find one by visiting this link: Cooling Center Finder. You can also locate cooling center locations by calling 311 or 212-639-9675.

During heat events, it is important to be aware of those who are most vulnerable to heat stress, such as adults aged 60 and older, as well as individuals with health conditions like heart disease, diabetes, mental health conditions, or cognitive impairment. Check on the well-being of at-risk individuals and assist them in finding a cool place to stay during the heat wave.

- 1. Seek out air-conditioned locations, even if it's just for a few hours.
- 2. Avoid direct exposure to the sun and drastic temperature changes.
- 3. Minimize strenuous activity, especially between 11:00 AM and 4:00 PM, when the sun's heat is at its peak. If you must engage in strenuous activity, try to do it during the coolest part of the day, usually in the morning between 4:00 AM and 7:00 AM.
- 4. Stay hydrated by drinking water regularly, even if you don't feel thirsty. Avoid alcoholic or caffeinated beverages.
- 5. Take breaks and rest in the shade if you are working outdoors or engaging in strenuous work. Employers are obligated to provide water, rest, and shade during extreme heat conditions.
 - 6. Consume small, frequent meals.
 - 7. Dress in lightweight and light-colored clothing.
- 8. Engage in activities that help you stay cool, such as going to the movies, visiting museums, walking in air-conditioned malls, or swimming at a pool or beach.
- 9. Never leave children or pets unattended in a vehicle, even for a short period of time.

Stay safe and take necessary precautions to beat the heat wave.

ANNUAL CATHOLIC APPEAL

Thank you for all you did in 2023 to support, sustain and serve our parish.

This year, as we embark on our appeal, now more than ever it is clear the important role stewardship plays in the life of our faith and sustainability of our parishes. In the weeks ahead we will be reaching out to you and asking you once again to make a pledge.

The Appeal

emphasizes Christ desire for his followers to come together as the Church and continue his mission of the Kingdom. As the members of the one body of Christ , the Church, we recognize the responsibility parishioners have in supporting their parish, as well as the ministries of the larger Church community in Brooklyn and Queens. Just as the followers of Christ did in the Acts of the Apostles, we invite all believers to support the

programs and services that are carried out through the Annual Catholic Appeal.

Please remember no gift is too small or too large.

DAILY PRAYER

Oh God, when I have food, Help me to remember the hungry,

When I have work, Help me to remember the jobless

When I have a warm home, Help me to remember the homeless

When I am without pain, Help me to remember those who suffer

And remembering, help me, To destroy my complacency, And bestir my compassion.

Make me concerned enough
To help by word or deed,
Those who cry out
For what we take for granted.

"For I was hungry and you gave me food I was thirsty and you gave me drink, I was a stranger and you welcomed me ... Matthew 25:35

EUCHARISTIC ADORATION

Adoration in the Church on Wednesdays and Fridays after 9:00 am Mass until 12:00 noon.

Fridays from 7 P.M. to 9 P.M.